**Special Olympics Guidelines:**

Parent Guidelines:

* Respond to a call or text from Special Olympics Volunteers within 10 minutes.
* Pick up within 30 minutes if participant becomes ill or is having behaviors.
* Must provide an emergency contact who can follow these guidelines if you are out of town.
* Five minutes after the end time of the program is the latest you can pick your participant up. If a program ends at 7pm, please pick up by 7:05pm. If you are late picking your participant up there will be a $1 per minute fee. This fee will be added to your MyRec account and you will not be able to register for another program until it is paid in full. This applies to all Special Olympics programs throughout the year.
  + One verbal reminder will be provided about picking up on time, and then after that you will be charged each time you are late.
* Always walk participants into the building and find a volunteer before leaving. Sometimes we have updates or questions, or people have not registered, and then we do not have an emergency contact and this is not acceptable. Please ensure you are dropping off your loved one with a staff person and checking in before leaving.
* We cannot give medications! If your participant will need medication during a program they must be able to administer this independently, or you can come and administer it to them.

Participant Guidelines:

* Our Special Olympics program is run by volunteers and we do not have staff on-site to assist athletes. If your athlete does not meet the guidelines below, they must have a parent or parent-provided 1:1 aide with them at all times during practices and competitions to assist them. If your athlete does not meet the guidelines below please speak with Elizabeth prior to registration to discuss.
* If a participant is having any behavioral issues, these need to be discussed with Elizabeth prior to program registration.
* All program participants must have established social maturity to the degree that he or she is able to interact appropriately with program participants.
* Must require minimal restroom assistance and have little to no accidents.
* Participants must not be a danger to self or others - no hitting or harm of any type will be allowed at programs.
* Participants must be able to stay with the group and not elope.
* Participants must not put non-edible items in their mouths.
* Participants must be able to follow directions and be respectful of volunteer leadership/rules.
* All participants must be able to be responsible for their personal items during all Special Olympics events.
* Please remind volunteers at EVERY PRACTICE if your participant has allergies or medical conditions!
* All participants requiring a specific diet (for any reason) must be shared up-front with Elizabeth, in writing.
* All participants with medical issues (including, but not limited to seizures and heat sensitivity) must be shared up-front with Elizabeth, in writing.
* **All athletes participating in Special Olympic sports must attend and participate in at least 75% of practices for each sport they are signed up for. Lack of attendance impacts the entire team. If you are signed up for an individual sport such as swimming, bowling, or track, you must attend at least 50% of practices.**
* **If an athlete registers for a team sport such as volleyball or basketball, they MUST be able to attend the state/regional competition(s).**